

Non-Recent Child Sexual Abuse Affects Every GP Practice



In Cleveland, rates of sexual violence are the **HIGHEST** in England - making trauma-informed Primary Care more important than ever



17th Sept' 2026

Survivor led training delivered at Level 3 can be counted towards practice staff meeting the RCGP safeguarding standards

**FREE Trauma-Informed
Training Primary Care
Training**

BOOK YOUR PLACE



THE FLYING CHILD
(Survivor & GP Delivered)



Our vision in Cleveland is to equip GP surgeries with sexually harm-informed practice: recognising trauma, responding with assurance, and improving outcomes for those affected by sexual harm.

Why This Matters



- **1 in 6 patients** (women and men) are survivors of child sexual abuse
- Child sexual abuse has lifelong **physical and mental health** consequences
- Trauma can affect how people **access healthcare**, engage with treatment and **attend appointments**
- Small changes in practice improve safety, trust and **health outcomes**

What You'll Learn



- Recognise signs of **non-recent** child sexual abuse
- Build trust and **continuity of care**
- Make consultations and examinations feel **safer**
- Respond **confidently** to disclosures
- Use **trauma-informed** communication
- Understand how child sexual abuse can **drive pathology** and have **lifelong health consequences**



Benefits For Your Practice

- Better patient **engagement**
- **Fewer** missed appointments
- More **effective** consultations
- Increased staff **confidence**
- **Improved** patient outcomes
- Practical tools you can use immediately

Who Should Attend?

Suitable for all primary care staff, with particular relevance for Practice & PCN
Safeguarding Leads, GPs and anyone involved in patient care